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# To fit is to overfit

How the negligence of prediction performance blurs model quality

Sven Hilbert & Elisabeth Kraus



# Topics

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#### Map of the topics covered in this talk

- Goals of an empirical science
- Comparison of two cultures of modeling (in empirical science)
- Short overview predictive modeling
- Prediction and explanation
- Over- and underfitting
- Resampling
- Short summary





# Goals of empirical science

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- **1. Description** 
  - **Descriptive statistics:** Summary statistics and plots, to make the data accessible
- 2. Explanation
  - Statistical inference: Estimation of parameters to model the patterns within the data sample, assumptions about probability distributions

#### **3. Prediction**

- **Predictive modeling:** prediction of novel data, after training a model through resampling
- ➤The overarching goal is generalization





### Explanation and prediction

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# Leo Breiman (2001): ,Two cultures of statistical modeling'

- Strong theoretical assumption of a given stochastic model, a data-generating process
   ➤ e.g., linear or exponential relationship
  - (Classical) Inference statistics
    - Focus on **explanation** and model assumptions
    - *p*-values for inference
- 2. Treatment of **data-generating process** as **unknown**, use of flexible algorithmic models
  - Predictive modeling, machine learning
    - Focus prediction performance
    - Estimation of generalization error





# Assumptions of classical models

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- General Linear Model
  - Normal distribution of the residuals

 $\varepsilon \sim N(0; \sigma^2)$ 

• Linear relationships

$$y = \beta x + \varepsilon$$

Generalized Linear Model

$$y = g(\beta x + \varepsilon)$$





# Short overview predictive modeling

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#### Model types

- Tree-based methods (CART)
  - Random forest, boosting
- Kernel-based methods
  - Support vector machines
- Deep Learning
  - Neural network models

#### **Characteristics**

- Optimized for the **prediction** of **novel data**
- Often without directly interpretable parameters
- Highly functional with large amounts of variables
- Use of **resampling**



# **T**R

# Comparison of classification models

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- Classically, we use **logistic regression models** for (dichotomous) categorization
  - Interpretable parameters, but little flexibility when fitting to data
- Tree-based models are more flexible
  - However, interpretability often difficult and limited



#7



## Exemplary Study Personality Types

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 AVEM: Pattern of Work-related Coping Behavior (Schaarschmidt & Fischer, 1996), modeled with a sample of N = 478 teachers



> Prediction using the Big Five personality traits, Motivation, and Competence



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#### Two models: Random forest and multinomial regression





Model with most a priori assumptions





#### Example decision tree

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#### **Classification of four AVEM coping patterns**





# CART overfitting

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Many tree-based machine learning algorithms integrate measures to actively avoid overfitting

#### Random forest

- Bootstrapping
  - Bootstrap the cases for each tree
- Split-variable randomization
  - Randomly select only *m* out *p* variables for each split
- Boosting
  - Early stopping
    - Stop improving the model fit to the training data when the test set performance stops improving



### Over- and underfit

- Overfitting
  - Model adapts too much to the sample data
- Underfitting
  - Model adapts too little to the sample data



# Consequences for estimates of model quality









### Bias, variance, and the amount of data





# Resampling

- Use of training and test sets
  - A learner is trained through resampling to become a model
- Performance measure for the generalization error
  - Comparison of different model types
- Model with most accurate prediction is used





#### Generalization error

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# Estimation of the generalization error

• Categorization

 $MMCE = \frac{\#Misclassifications}{\#Total \ Classifications}$ 

• Regression

$$MSE = \frac{\sum_{i=1}^{n} (x_{i.Predicted} - x_{i.True})^2}{n}$$





# Summary: Assessing model quality

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#### Ideas for increasing model quality

- Model assessment through prediction performance
  - Avoid **overfitting** and over-interpretation of *p*-values
  - Combine prediction with description and explanation
    > Use the head
- Continuous evaluation of models
  - Repeated estimation of the generalization error
- Another important aspect: **Open Science**

Simulation code available at: <a href="https://osf.io/whqmx/">https://osf.io/whqmx/</a>





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# Thank you



# References

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- Efron, B., & Hastie, T. (2016). *Computer age statistical inference* (Vol. 5). Cambridge University Press.
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# Appendix



# **Open Science**

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- Open Science is a crucial aspect of trustworthy empirical research
  - Making the data publicly available is an important contribution to model evaluation
  - Public storage makes it possible to build new models from existing data
- A broad data base is the one of the most important foundations for the estimation of valid models



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• Recycling of the sample data

Division in multiple (sub-)sub-samples for training and testing



# **C**R

# Variable (Permutation) importance

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### Overfit and test sample performance

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degree of polynomial