



# Hygiene and infection measures against SARS-CoV-2 spreading

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Universität Regensburg

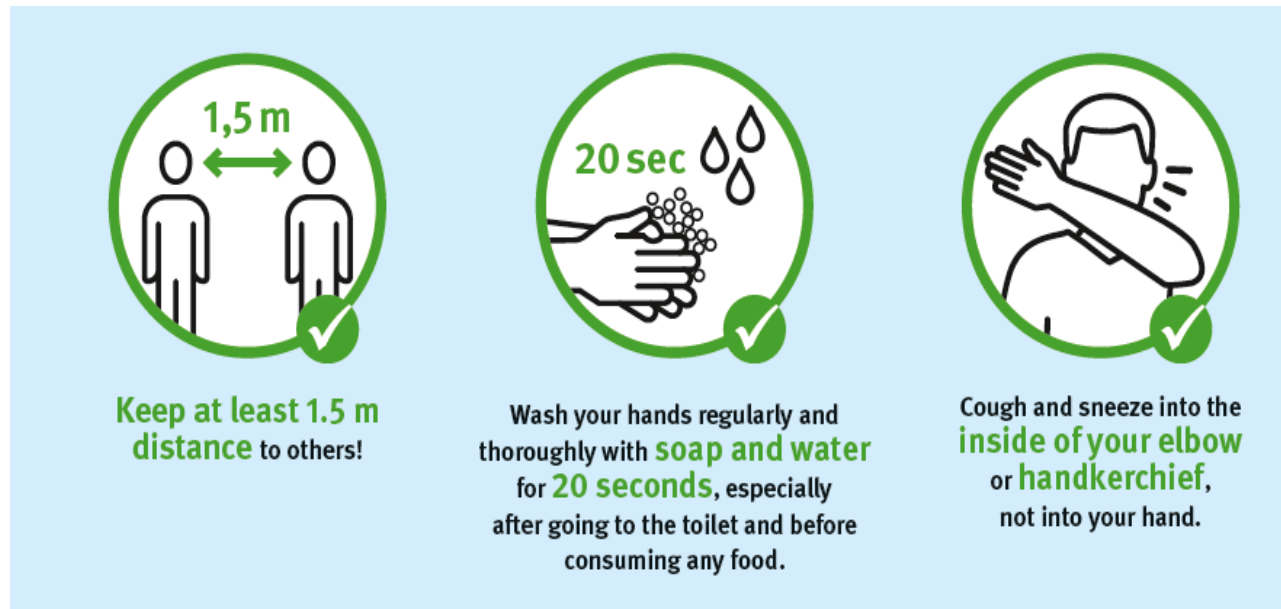
<https://pixabay.com/de/illustrations/covid-19-coronavirus-corona-virus-4996393/>

# **Overview of the hygiene and infection protection concept for research**

1. General measures
2. Rules in offices, social rooms and corridor areas
3. Rules in the laboratory area
4. Additional information

# 1. General measures

- *Keeping the minimum distance (> 1.5 m) has absolute priority!*
- *Masks obligatory in university buildings!*



- Hands hygiene: <https://www.youtube.com/watch?v=3PmVJQUCm4E>

# 1. General measures

- *Keeping the minimum distance (> 1.5 m) has absolute priority!*



Do not touch your face  
with your hands.



Do not shake hands.



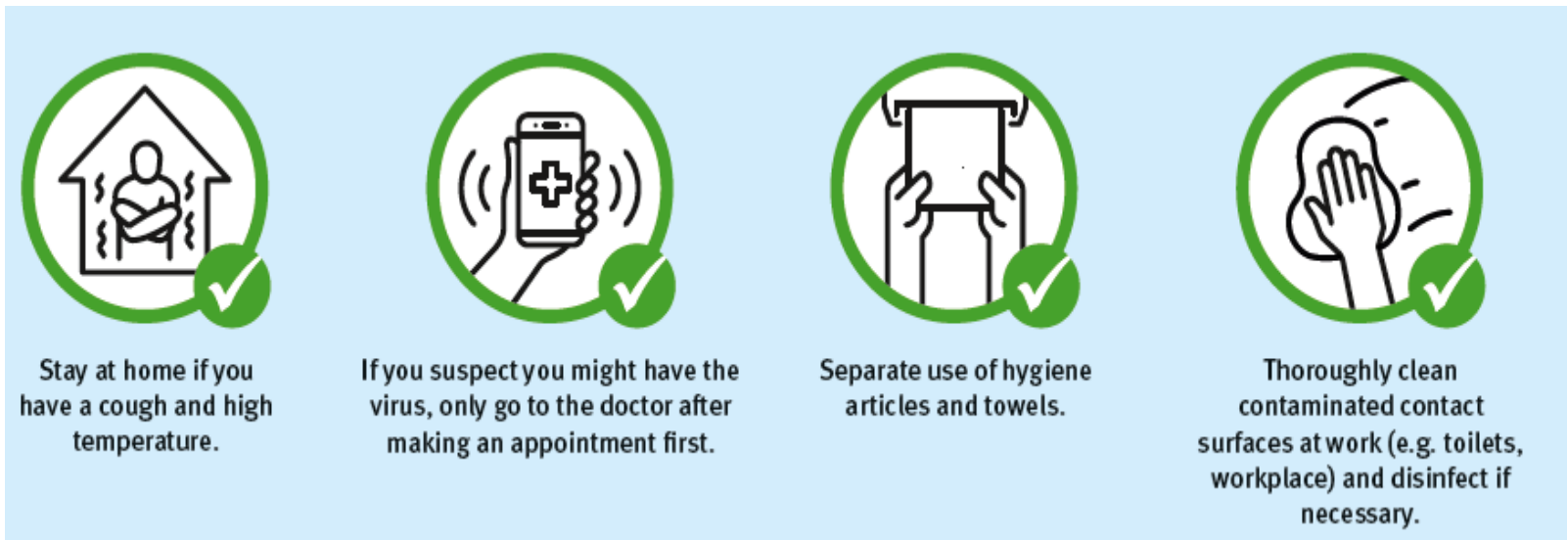
Avoid face-to-face meetings.  
Use telephone and video  
conferencing instead.



Avoid buses and trains to  
protect against infection.  
Use a bike and car instead.

# 1. General measures

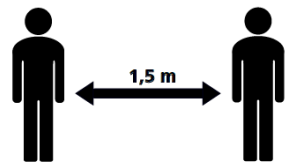
- ***Keeping the minimum distance (> 1.5 m) has absolute priority!***



- For more information:  
<https://www.uni-regensburg.de/interne kommunikation/corona-infos/index.html>

# 1. General measures

- ***Keeping the minimum distance (> 1.5 m) has absolute priority!***
- Risk group: Questions? Consult the doctor
- Read announcements and pay attentions of floor markings



Abstand halten  
Keep Distance



Keine Gruppen  
No groups



<https://www.dede-industrierausstattung.de/gebotszeichen/abstand-halten-bodenaufkleber-450.html>

## 2. Rules in offices, social rooms and corridor areas

- ***Keeping the minimum distance (> 1.5 m) has absolute priority!***
- Masks obligatory in university buildings!
- Employees are provided with a face masks, students have to bring their own
- Kitchen: Maximum 5 persons (keep also distance of 1.5 m)
- Rooms without automatic ventilation (Kitchen, weighing room, offices, computer room):
  - First person in the morning: Ventilate for 5-10 minutes
  - Ventilate rooms every 45 minutes for 5-10 minutes
- Corridor area: Respect others and step aside to keep the 1.5 m distance
- For office work: home office as much as possible

### 3. Rules in the laboratory area

- ***Keeping the minimum distance (> 1.5 m) has absolute priority!***
  - Biotage device: 2 persons working at the same time is not possible
  - Only one person working in the hood – also if you have students in your lab
  - Working on lab bench – hood: keep also distance
  - Working on your desk: keep also distance of 1.5m
- Maximum persons: Lab mates + max. 1 student/hood: Only if keeping the minimum distance is possible
- Walking area: Respect others and step aside to keep the 1.5 m distance
- Priority lab safety: No mask for lab works
  - The mask might be contaminated by hazardous substance, which might then be continuously inhaled.
  - Exceptions: For example, instruction to an instrument, if the minimum distance cannot be kept safely. Not allowed to work with hazardous substances under these circumstances



## 4. Additional information

- Surfaces of common used instruments and PCs have to be disinfected before and after the use (surface disinfection available in common used rooms)
- Before and after the use of instruments, hands need to be washed
- When washing hands only the use of disposable paper towels is permitted
- The permanent wearing of gloves needs to be avoided
- Access of research students, bachelor and master students:
  - Before starting the work: Contact Petra for the official registration and Julia for the work space distribution! → Start is only possible after getting official OK and allocated work space
  - External persons need to be instructed in infection and hygiene protection measures

## 4. Additional information

### New QR codes and ventilation concept



- QR codes: Getting contact data from non-permanent group members
  - research students, members from other groups for e.g. analysis, technicians, visitors, etc.)
  - Instruction next to the code
  - Research students: Registration before starting still necessary (Julia: Lab space availability and request to Corona Task force, Petra: Usual registration)
- Ventilation concept specifically for every room
  - Information on the door

## 4. Additional information

- How to use face masks:



Right position over nose and mouth?